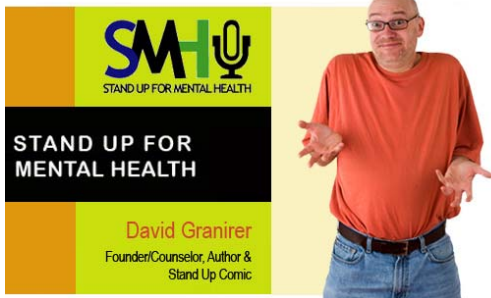


FOR IMMEDIATE RELEASE:

SEPTEMBER 16, 2009

COMICS STAND UP FOR MENTAL HEALTH



VANCOUVER, BC – Forget too many elections, the recession, taxes, and global warming! Stand Up For Mental Health (*SMH*) brings its own brand of inspired insanity to The Yale on Wednesday, September 30.

Legendary comic Mike MacDonald (Just for Laughs, Comedy Central and David Letterman), David Granirer (*SMH* creator and author of the Happy Neurotic) and the

comics of *SMH* bring the laughter to the home of the blues. “*SMH* is like The Full Monty – only people want us to keep our clothes on!” says Granirer.

SMH (www.standupformentalhealth.com) uses stand-up comedy to talk about mental illness. Laughter is the organization’s lethal and cost-effective weapon of choice in breaking down the prejudice, stigma and discrimination that surrounds mental illness. *SMH* is committed to facilitating an open, frank, compassionate, inclusive, and lively national discussion about mental illness. From Halifax to Courtney, *SMH* programs are spreading the laughter.

Tickets to *SMH*’s Comedy Benefit are \$20 in advance or at the door. Advance tickets are available at The Yale or by contacting Pat Bayes at 604-707-0483 or by email at pat@standupformentalhealth.com. Proceeds go to *SMH*. Doors open at 6pm. Show begins at 7pm. For more information on this and other upcoming Yale events, call 604-681-9253 or visit www.theyale.ca. The Yale is located at 1300 Granville St. in downtown Vancouver.

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