

FOR IMMEDIATE RELEASE:

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FIRST ANNUAL HAMISH NICHOL MEMORIAL BENEFIT COMES TO THE YALE



VANCOUVER, BC – Stand Up For Mental Health (*SMH*) brings its own brand of inspired insanity to The Yale Hotel for one night only on Wednesday, June 23 in honour of the memory of Dr. Hamish Nichol, a wonderful citizen of the global village.

The fabulous David Granirer (*SMH* creator and author of the Happy Neurotic) and the Comics of Stand Up For Mental Health will bring laughter to the home of the blues, along with sublime music of BC band August. Says *SMH* creator Granirer, “*SMH* is like The Full Monty – only people want us to keep our clothes on!”

SMH (www.standupformentalhealth.com) uses stand-up comedy to talk about mental illness. Laughter is the organization’s lethal and cost-effective weapon of choice in breaking down the prejudice, stigma and discrimination that surrounds mental illness. *SMH* is committed to facilitating an open, frank, compassionate, inclusive, and lively national discussion about mental illness. From Halifax to Courtney, *SMH* programs are spreading the laughter.

Tickets to *SMH*’s Hamish Nichol Memorial Comedy Benefit are \$40 in advance or at the door. Advance tickets are available at The Yale or by contacting Pat Bayes at 604-707-0483 or by email at pat@standupformentalhealth.com. Proceeds go to Vancouver General Hospital (*VGH*) Foundation and *VGH* Voice Clinic. Doors open at 6pm. Show begins at 7pm. For more information on this and other upcoming Yale events, call 604-681-9253 or visit www.theyale.ca. The Yale is located at 1300 Granville St. in downtown Vancouver.

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